

BELLEPOINTEDANCE & MOVEMENT COMPANY

www.bellepointedance.ca

Our summer dance intensives are for serious dancers ages 10 and up with 2 or more years of ballet and/or jazz training (en-pointe not required). Each intensive is 1 week, Monday to Friday from 9am-3:30pm and will include daily ballet and classical jazz technique classes, contemporary, yoga/pilates, jumps and turns clinic, flexibility clinic, and a dancer conditioning class. Dancers will also have the opportunity to participate in a master class with a guest choreographer at the end of the week.

Belle Pointe Dance & Movement Company provides a fun and friendly environment where dancers are challenged, motivated and inspired to evolve as young artists and dancers. Our summer dance intensives are the perfect place for dancers to improve their skill set, or try new things.

Week 1: July 23, 2018 – July 27, 2018
Week 2: July 30, 2018 – August 3, 2018

Sample Daily Itinerary:

9:00am - 9:15am	Group stretch and warm-up
9:15am -10:15am	Ballet Technique
10:15am -11:00am	Break
11:00am – 12:00pm	Jazz Technique
12:00pm - 12:45pm	Lunch
12:45pm – 1:45pm	Jump and Turns
1:45pm – 2:00pm	Break
2:00pm – 3:00pm	Contemporary
3:00pm – 3:30pm	Group stretch and cool down

Dress Code

Girls: Convertible ballet tights, sleeveless black or dark coloured leotard, and a dance skirt or jazz shorts may be worn.

Boys: Black or dark coloured cotton shorts and a plain t-shirt.

Footwear: All campers must wear soft ballet slippers for ballet and jazz shoes for jazz technique classes.

Hair & Jewelry: Dancers with long hair must have it neatly tied back and no large or costume jewelry may be worn.

Lunch and Snacks

All dancers must bring their lunch and snacks that do not require heating or refrigeration. If your dancer has any food restrictions or allergies, please be sure to communicate this on your registration form. We will break for lunch, and throughout the day for water/snack, please do not forget your refillable water bottle. We ask that parents do not to send snacks or treats to share with other dancers. Our studio is a nut-free environment and therefore snacks and foods containing nuts are not permitted.

Fees

Fees for each week is \$195 + HST per dancer. Dancers that are registered for both weeks of the dance intensives will save \$50 off their second week fees. A \$50 non-refundable deposit is due at the time of registration and the remainder of the fees are due on the first day of camp. Siblings save 10%.

Space is limited register today!

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